

**There is no cost to attend this program. However,  
pre-registration is required by May 15, 2018.**

### **Registration Form**

## **Growing With Grief Through the Life Cycle**

**KENNETH J. DOKA, PhD**

Tuesday, May 22, 2018  
Fowler Center, A-State - Jonesboro



Name: \_\_\_\_\_

Credentials/Title: \_\_\_\_\_

Organization: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email (required): \_\_\_\_\_  
(Confirmation of registration will be sent by email.)

CE Category: ☐ Nursing ☐ Social Work ☐ Long-term Care  
☐ Physical Therapy ☐ Counseling ☐ General

### **Return completed form to:**

Arkansas State University – Jonesboro  
College of Nursing & Health Professions, Dean's Office  
PO Box 910  
State University, AR 72467-0910  
Fax: 870-972-2040

Email: [Ishimasaki@astate.edu](mailto:Ishimasaki@astate.edu)

### **For more information contact:**

Dr. Susan Hanrahan  
Phone: 870-972-3112  
or June Morse  
Phone: 870-936-7005

**Register Early. Seating is limited.**

## **About the Speaker**



**Dr. Kenneth J. Doka** is a Professor of Gerontology at the Graduate School of The College of New Rochelle and Senior Consultant to the Hospice Foundation of America. A prolific author, Dr. Doka has written more than 34 books. In addition to these books, he has published over 100 articles and book chapters. Dr. Doka is editor of

both *Omega: The Journal of Death and Dying* and *Journeys: A Newsletter to Help in Bereavement*. He has an ongoing blog for Psychology Today entitled *Good Mourning*.

Dr. Doka was elected President of the Association for Death Education and Counseling in 1993. In 1995, he was elected to the Board of Directors of the International Work Group on Dying, Death and Bereavement and served as chair from 1997-1999. The Association for Death Education and Counseling presented him with an Award for Outstanding Contributions in the Field of Death Education in 1998 and Significant Contributions to the Field of Thanatology in 2014. In 2000 Scott and White presented him an award for Outstanding Contributions to Thanatology and Hospice. His Alma Mater Concordia College presented him with their first Distinguished Alumnus Award. He is a recipient of the Caring Hands Award as well as the Dr. Robert Fulton CDEB Founder's Award. In 2006, Dr. Doka was grandfathered in as a Mental Health Counselor under NY State's first licensure of counselors.

Dr. Doka has keynoted conferences throughout North America, as well as Europe, Asia, Australia and New Zealand. He participates in the annual Hospice Foundation of America Teleconference and has appeared on CNN and Nightline. In addition he has served as a consultant to medical, nursing, funeral service and hospice organizations as well as businesses and educational and social service agencies. Dr. Doka is an ordained Lutheran minister.

Web Page: <http://www.drkendoka.com/>

ASU College of Nursing and Health Professions & NEA  
Baptist Charitable Foundation HopeCircle present:

### **The Billy Joe and Betty Ann Emerson Grief Seminar**

## **Growing With Grief Through the Life Cycle**



**PRESENTED BY: KENNETH J. DOKA, PhD**  
**Fowler Center, Arkansas State University**  
**201 Olympic Drive, Jonesboro, AR 72401**

**Tuesday May 22, 2018**  
**9:00 am to 3:30 pm**

### **Program Sponsors**

*Emerson Funeral Home*  
*ASU College of Nursing & Health Professions*  
*NEA Baptist Clinic*  
*NEABCF HopeCircle*  
*NEA Baptist Memorial Hospital*  
*FAMILIES, INC. Counseling Service*  
*Arkansas Geriatric Education Center*

## Purpose

This session explores the effect of human development, spirituality, and age upon the mourning process. Specifically, the session traces the ways that attitudes and orientations toward death change throughout the life cycle. Special attention is placed on the ways that developmentally unexpected losses can complicate mourning as well as interventive approaches including rituals that can assist individuals of different ages to grow even as they cope with loss.

**Contact hours will be awarded at the completion of the conference following submission of your evaluation form.**

## Schedule

8:30 - 9:00	Registration/Check-In
9:00 - 10:15	Orientations toward Death and Spirituality through the Life Cycle
10:15 - 10:30	Morning Break
10:30 - 12:00	Implications for Mourning Development and Loss
12:00 - 1:30	Lunch (on your own)
1:30 - 3:00	Interventive Strategies
3:00 - 3:30	Questions & Answers

## Learning Objectives

***At the conclusion of this program, participants will be able to:***

1. Trace the ways that orientations and attitudes towards death change through the process of human development noting particularly the ways that spiritual development influences this process
2. Discuss the ways that development affects the mourning process
3. Describe *developmentally unexpected loss* and indicate the ways that unexpected loss complicates grieving
4. Evaluate and describe clinical interventions that are appropriate for children, adolescents, middle, and older adults and that encourage growth
5. Discuss the nature of grief support and death education at varied ages
6. Describe interventive techniques such as bibliotherapy, groups, and ritual

## Who Should Attend?

This program is designed for Hospice Personnel, Educators, Social Workers, Counselors, Therapists, Psychologists, Physicians, Nurses, Clergy, Chaplains, Lay Ministers, and others caring for the bereaved.

### Directions to the Fowler Center:

**From US 63** turn north onto Red Wolf Blvd. Stay on Red Wolf Blvd. until you reach Aggie Rd. Turn left onto Aggie Rd. Make the first right onto Olympic Drive. Arrive at the Fowler Center on your left.

**From US 49 North** (Stadium Blvd) Stay on Red Wolf Blvd. until you reach Aggie Road. Turn west onto Aggie road. Make the first right onto Olympic Drive. Arrive at the Fowler Center on your left.

## Continuing Education:

**CONTACT HOURS ARE PENDING FOR ALL PROGRAMS NOTED BELOW.**

Nurses -- 4.5 contact hours

Arkansas State University is an approved provider of continuing nursing education by South Central Accreditation Program, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Long Term Care - 4.5 contact hours

Social Work -- 4.5 contact hours

Physical Therapy -- 4.5 contact hours

Counseling -- 4.75 contact hours

Families, Inc. Counseling Services and Arkansas State University-College of Nursing and Health Professions are cosponsors of this program. This cosponsorship has been approved by NBCC. Families, Inc. Counseling Services is an NBCC Approved Continuing Education Provider, ACEP No. 6221. The ACEP solely is responsible for this program, including the awarding of NBCC credit.

